

Golf Posture, Fitness, and Flexibility Examination:

Can you get into the correct position? Is your body fit for playing better golf? Is your lack of postural fitness and flexibility holding you back from improvement? Your doctor will perform a comprehensive flexibility, postural and fitness examination to assist in the planning of your individual fitness and conditioning program.



Swing Analysis

At the top of your backswing, are you in the right position? Your doctor **is not** a teaching professional with the PGA, but has undergone extensive training in the biomechanical evaluation of the golf swing. There are 3-key points of evaluation. You will be able to “see” if you are out-of-position and at risk of injury before you hit the ball!

What to Expect:

You will begin with a comprehensive golf-specific physical examination. Once your examination has been completed, you will receive a report of findings. If, for example, one of your goals is to become a more powerful driver of the golf ball, a plan of treatment and necessary physical conditioning will be agreed upon.

Building a better game of golf will not happen overnight. You can expect your in-office treatment to be combined with specific goal-oriented tasks to be done at the gym, at your home or office, at the driving range and on the golf course. Every step you take will help improve your physical fitness and conditioning leading to a more consistent golf swing.

How fast you progress is entirely up to you. Your doctor is willing and able to adjust your treatment program around the demands of your present schedule.

Wouldn't it be great to know, however, that in the next six months you will have met one or more of your goals in golf?



Post-Graduate Training in Golf Injury, Fitness and Conditioning

In 1999, Dr. Jeff Blanchard began teaching doctors from around the world specialized post-graduate training seminars on golf injuries, golf fitness/conditioning and golf performance. (See GolfInjurySeminars.com) Dr. Blanchard is a chiropractor who plays professional golf. Dr. Blanchard continues to play in events with the Nationwide Tour, the PGA Tour and the Champions Tour. His career low round is 62.



In 2004, GolfInjuryDoctors.com was established as a means for graduates from the Blanchard Academy of Golf to help golfers, like you, find a legitimate “Golf Doctor.” Your doctor is a graduate in good standing with The Academy having passed all certification examinations given personally by Dr. Blanchard.

In addition, GolfInjuryDoctors.com is your resource for health and fitness aids to help you feel better and to help you play better.

Your Doctor is Golf Injury Certified

Golf Injuries: Diagnosis and Treatment

Your Doctor has completed post-graduate training in the diagnosis and treatment protocols for common golf injuries — lower back pain, wrist pain, elbow pain, shoulder pain, neck pain, knee pain and hip/groin pain.

Fitness and Conditioning: For Strength and Power

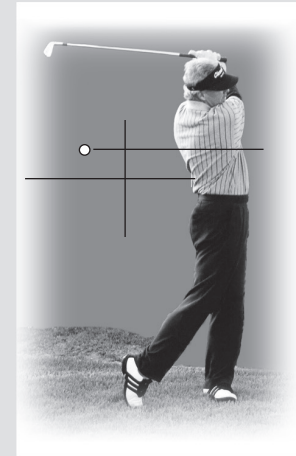
Are you interested in hitting longer and more powerful golf shots. If your willing to do your “homework,” your Doctor can teach you the training secrets that just might add 20-25 yards to your tee shots.

Performance Evaluation: For Lower Scores

Are you satisfied with your level of play? There are 4 different barriers to performance – pain, emotional stress, environmental allergens and poor nutrition. If you are committed to lower scores, your Doctor can help you identify and resolve your barriers to lower scores.

PLACE
STAMP
HERE

“Every time I swing it hurts!”



Now,

The

Doctor For Golf

Is Here.